

The Slicked Spoon

£10

Item: 3 bacon, 2 sausage, 2 hashbrown, 2 eggs & roasted beans, 2 toasted bread

1/2 The Slicked Spoon

£8.00

Item: 2 bacon, 1 sausage, 2 hash browns, 1 egg, 1 toast & a portion of beans

The Full English Fury (FFF)

£14.50

Base Item: 2 fried free-range eggs, 2 bacon (beef/turkey), 2 sausages, hash browns, grilled cherry tomatoes, baked beans, chestnut mushrooms - 2 sourdough bread (toasted with butter)

The Full Vegetarian Goodness - (FVG) 💥



£12.50

Base Item: Vegetarian sausages, free-range fried eggs, sourdough or toast, avocado grilled cherry tomatoes, mushrooms, baked beans, hash browns, tofu scrambled egg, sprouts, pomegranate - 2 sourdough bread (toasted with butter)

Brioche Bap Bliss (BBB)

£9.50

Base Item: Soft scrambled barn eggs (commercial oven), chives, caramelized onions, cheddar cheese, sriracha mayo in a warm brioche bun

Fluffy Pancakes Fest

£9.50

Base Item: 2 Fluffy pancakes, 1 fried egg, 2 seared/crispy beef/turkey bacon & Canadian maple syrup

Bloom Breakfast Special

Vegan Vive Toast



£10.99

Farm grain bread, homemade beet hummus, sliced avocado, dukkah, feta, pomegranate & fresh raspberries

Bagel Bliss Mango

£7.99

Fried egg, tomato, curry mango sauce, salt, melted cheddar and pepper on a toasted bagel, sliced avocado (Protein of your choice: smoked salmon, crispy beef/turkey bacon, or ham)

Vegan Powerhouse Wrap



£5.99

Crispy hash browns with vegan chipotle mayo, quacamole, chili jam, and refried beans on a whole wheat tortilla

R Eggy Sandwich Sensation

Spicy Honey Bap(bottle melted cheese) 🐣



2 crispy bacon strips, 1 fried egg, and a generous drizzle of our signature spicy honey sauce, all embraced within a soft and buttery brioche bun.

Buffalo Breakfast Burger(BBB)

£8.99

featuring a juicy beef or turkey or veggie option patty topped with crispy bacon, a fried egg, and our signature buffalo sauce, all sandwiched between two soft brioche buns.

Smoked Salmon Bap

£9.50

Dive into luxury with our Smoked Salmon Bap, featuring generous slices of smoked salmon nestled on a bed of creamy avocado, topped with a perfectly fried egg, and drizzled with our house-made honey mustard sauce, all sandwiched between a warm brioche bun.

Cheese Beefy Burger

£8.99

Indulge in our Cheese Beefy Burger, a savory masterpiece featuring a juicy beef patty topped with melted cheddar cheese, crispy lettuce, ripe tomato slices, and tangy pickles, all sandwiched between a toasted brioche bun slathered with our house-made dijonnaise sauce.

Mini Beasty Bap

£5.99

Our Mini Beasty Bap packs a punch with big flavors in a compact package. Enjoy a hearty combination of your choice of protein, crispy bacon or halloumi, nestled between soft bap buns with fresh lettuce, ripe tomato slices, and zesty pickles, finished with a dollop of our signature sauce.

Wrap Delights

Kasundi Special Wrap

£6.50

A symphony of flavors encased in a soft wrap - crisp cucumbers, freshly diced tomatoes, a dollop of creamy hummus, a drizzle of tangy kasundi, and a touch of lemon juice, all topped with ripe avocado for an irresistible burst of freshness.

Mediterranean Mouthful Wrap

£6.50

Embark on a Mediterranean adventure with this flavorful wrap - succulent grilled chicken, quacamole feta cheese, lemon tahini (Baba Ganoush & Caramelized Onion)or all nestled in a soft wrap.

Panini Delights

Vegan Vive Panini

£6.50

A symphony of plant-based goodness - toasted sourdough bread, a generous spread of creamy hummus, Lemon Tahini Sauce , guacamole all drizzled with a hint of lemon juice.

Avo Spicy Chicken Panini



A tantalizing fusion of flavors – two slices of toasted French baguette or sourdough bread, juicy pulled chicken breast, creamy mashed avocado, a dollop of spicy mayo, and a sprinkling of chopped cilantro, all bound together by the warmth of the panini press.



Vegan Vive Panini 🖗

£6.50

French Toast Delight (2 slices), Pancakes Perfection (3 Stacks), or Waffle Wonder (1 waffle)